

Support for individuals living with dementia and their carers in Cardiff and the Vale of Glamorgan

Our Service Can Help You

- Navigate care pathways and local services.
- Complete forms like benefits and power of attorney.
- Connect with dementia-friendly activities and resources.
- Plan for the future with advance care planning.
- Access bilingual (Welsh and English) and culturally tailored support.

Who Can Refer?

- YOU can !
- GPs
- Memory Assessment Services
- Community Groups
- Carers

Contact us

- ☎ 0300 10 249 70
- ✉ DCAS@mhmwales.org
- 🌐 www.mhmwales.org.uk



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DEMENTIA CONNECTOR
ADVOCACY SERVICE



MENTAL HEALTH
MATTERS WALES



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Caerdydd a'r Fro
Cardiff and Vale
University Health Board



Charity No: 1123842 Company No: 06468412

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