



# Coffee Morning

## Every Monday

### 10am- 12pm

63 Nolton Street

Bridgend

CF31 3AE

To find out more contact Michelle/Maria at 0300 10 249 70 or [bdh@mhmwales.org](mailto:bdh@mhmwales.org)

## Come Join Us

We run a Dementia friendly coffee morning for people living with Dementia (and their carers) to make friends and find out more about what's on in your area.

