

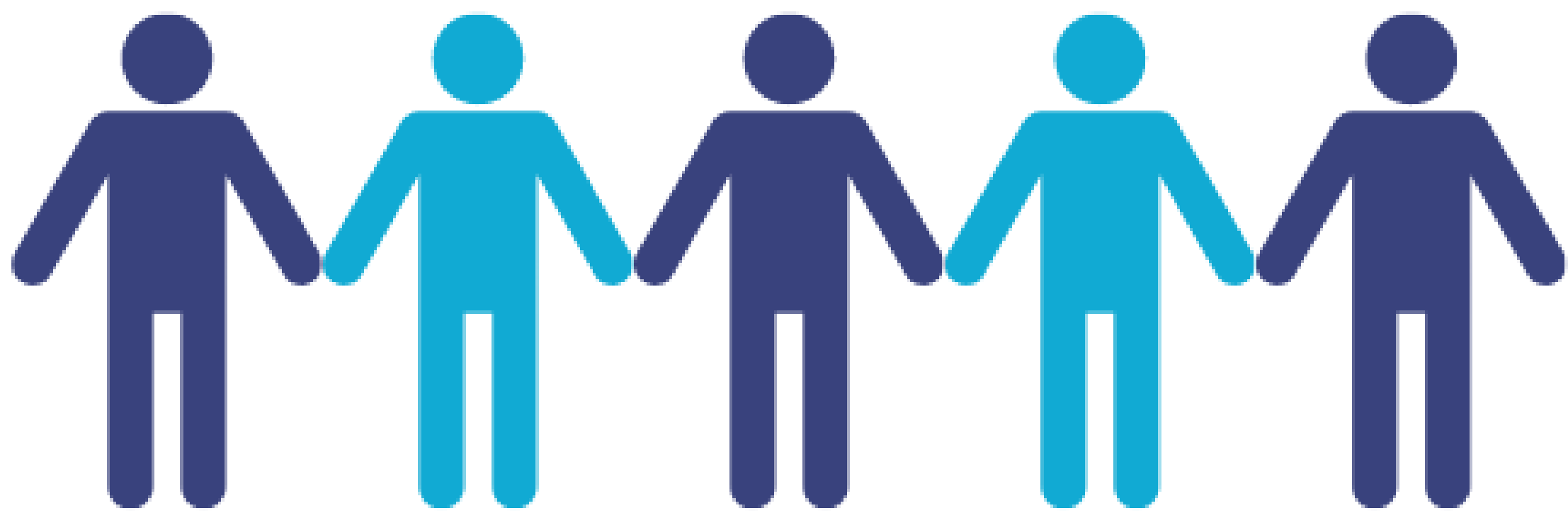


**MENTAL HEALTH  
MATTERS WALES**



**Cwm Taf Morgannwg**

**Bwrdd | Regional  
Partneriaeth | Partnership  
Rhanbarthol | Board**



**SORTED**

## **Eating Disorder Support**

Mental Health Matters Wales are working in partnership with Cwm Taf Morgannwg UHB Tier 2 Specialist Eating Disorder team to deliver staff support and peer support for those suffering with and those caring for people with Eating Disorders.

SORTED delivers face to face eating disorder peer support groups both within the community and within hospital settings, as well as 1:1 sessions which provide tailor made support in areas such as empowerment, financial advice, bereavement support, goal setting, meal support, shopping and coping techniques.

**Contact [sorted@mhmwales.org](mailto:sorted@mhmwales.org)**