



Ogmore Vale
Pop Up Dementia Hwb
Wyndham Boys & Girls Club
14-16 Dunaven Place,
Ogmore Vale
CF32 7ET

bdh@mhmwales.org

Open from 2:00-4:00pm on the 4th
Wednesday of the month

Come Join Us

For fun free activities supporting those living with dementia and peer support for carers

The Pop Up Dementia Hwb Supports

- People worried about their memory
- People who care about someone with a memory issue
- Those diagnosed with a type of dementia
- Those who care for someone living with dementia

0300 10 249 70



Mental Health Matters Wales (Charity Number 1123842, Company Number 6468412).



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