



# Pencoed Dementia Hub

**Pencoed Library, Penybont road, Pencoed  
CF35 5RA**

**Monday 8th & 22nd July**

**Monday 5th & 19th August**

**Monday 2nd, 16th & 30th September**

**Open from 2pm to 3.30pm**

**Come Join Us!**

**For fun free activities supporting those living  
with dementia and peer support for carers**

## The Pencoed Dementia Hub Supports

- People worried about their memory
- People who care about someone with a dementia
- Those diagnosed with dementia
- Those who care for someone living with dementia



**0300 10 249 70**

**bdh@mhmwales.org**



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