



Visitor Guidelines



Keeping you and your loved ones safe

All visits are by appointment only.

If you do not have an appointment please do not enter the hospital

- Visits will be for a maximum of two people.
- Visitors must be next of kin
- Maximum length of visit is 20 minutes twice a week or 40 minutes once a week (some patients may find a visit of 20 minutes too long and may have to end a visit early. If this is the case please feel free to inform our wellbeing team).
- If you or a member of your household feels unwell do not visit.
- You must observe social distancing of 2 metres at all times.
- Please walk on the left side of the corridors where possible.
- You must listen to and adhere to staff advice on hand hygiene and infection control precautions on arriving and leaving the area.
- You will need to wear a medical mask if you are shielding and the visit is essential.
- Visitors who are not shielding may choose to wear a face covering, particularly if you are in a vulnerable group.
- Food and drink may not be shared and gifts/flowers may not be bought in.
- In essential circumstances please use the designated "visitor toilet" only.
- Outdoor visits are weather dependent and may be cancelled at relatively short notice if there is no alternative visiting area.
- No children can attend visits at this time.

To make an appointment to visit, either:

- Refer to our website at www.mhmwales.org.uk where you will find a visitors request form to be completed and returned to MHM Wales via email to stdavids@mhmwales.org
- **Contact the Wellbeing Team Monday to Friday from 9am to 10am on 07777 777 777**