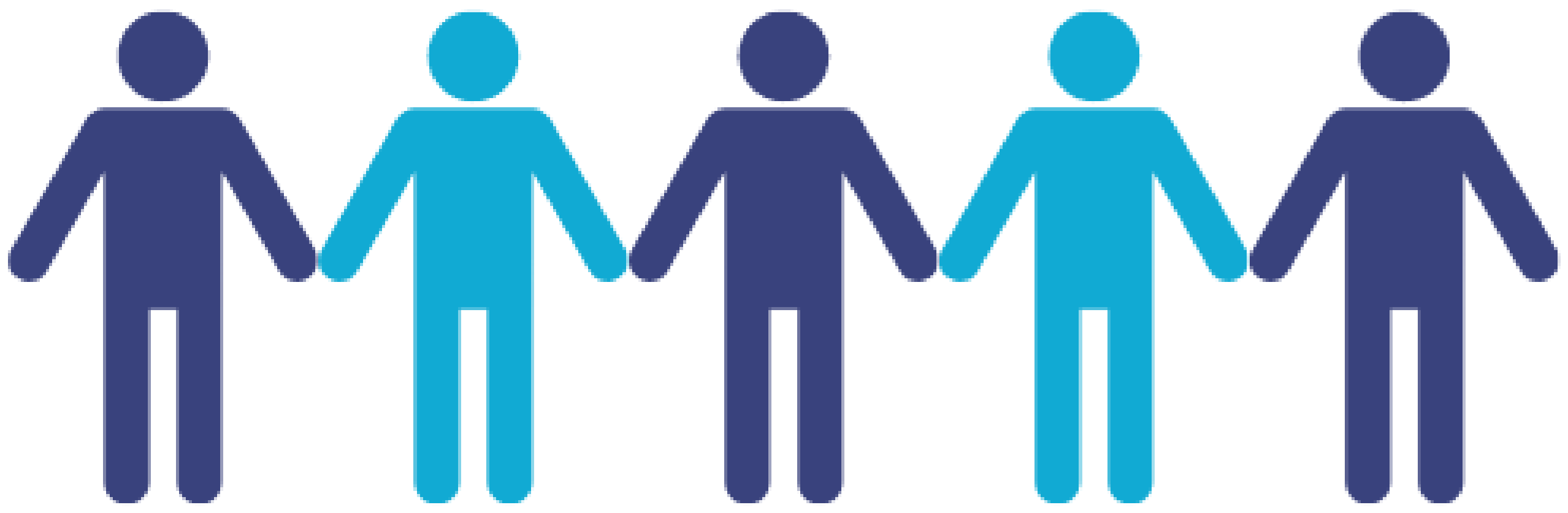




**MENTAL HEALTH
MATTERS WALES**



Prifysgol Cymru
Y Drindod Dewi Sant
University of Wales
Trinity Saint David



SORTED

Eating Disorder Support

Mental Health Matters Wales is continuing to deliver eating disorder support to anyone suffering with and those caring for people with eating disorders.

SORTED delivers help and advice through group peer support online (zoom)

Tuesday 5-6pm

Peer support group for those wanting help in their journey of recovery, run by people who have recovered

Thursday 6-7pm

Peer support group for those supporting loved ones with eating disorders

Contact charlotte.may@mhmwales.org