



MHM WALES



Prifysgol Cymru
Y Drindod Dewi Sant
University of Wales
Trinity Saint David



SORTED

Share Our Recovery Through Eating Disorders

Peer 2 Peer support for people with all types of eating disorders

An individual can be malnourished and suffering from physical complications of an eating disorder at any weight.

Eating disorders are mental illnesses and someone's level of suffering cannot be determined on the basis of their weight or physical health.

Meetings take place on the 3rd Monday of Every Month, 5:30pm - 7pm at

University of Wales Trinity Saint David, Room CJ 104

Contact sorted@mhmwales.org or call Donna on 0300 10 249 70