



Blaengarw Dementia Hub

**Tues 5th & 19th
November 24**

1.30pm to 3.30pm

**William Trigg Community Centre
Nanthir Road, Blaengarw CF32 8AQ**

Join us!

*For fun free activities supporting those living with
dementia and peer support for carers*

Our Dementia Hubs Support

- People worried about their memory
- People who care about someone with dementia
- Those diagnosed with dementia
- Those who care for someone living with dementia



0300 10 249 70

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